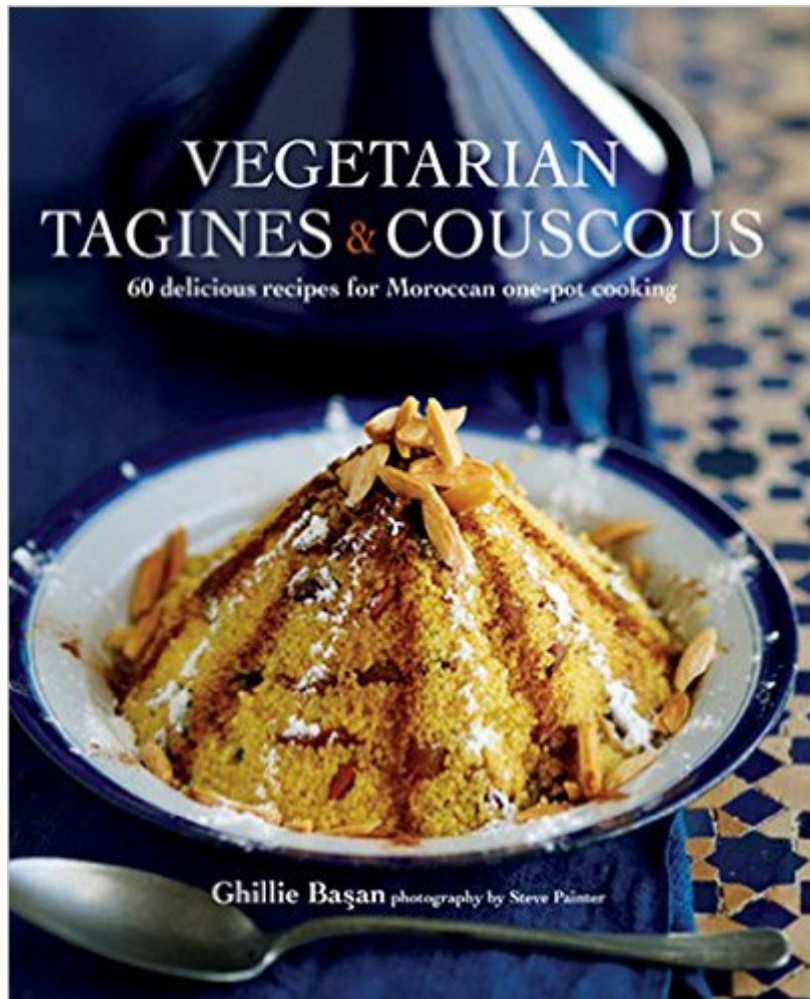


The book was found

Vegetarian Tagines & Cous Cous: 60 Delicious Recipes For Moroccan One-pot Cooking



Synopsis

Fragrantly spiced and comforting, tagines are easy to prepare and sure to satisfy at every occasion. And prepared without meat (and often without dairy, too) they are not only economical, but also one of the best ways to enjoy seasonal produce. In this collection of authentic Moroccan recipes, you will find some of the best-loved tagines, from Lighter Tagines, such as Roasted Cherry Tomato Tagine with Feta and Preserved Lemon or Roasted Pear, Fig and Walnut Tagine with Fennel, to Hearty Tagines including Roasted Sweet Potato Tagine with Ginger, Cinnamon and Honey or Spicy Carrot Tagine with Chickpeas, Turmeric and Cilantro. Along with the tagines, you will find recipes for its traditional accompaniment, couscous, prepared in a variety of exciting ways, as well as recipes for appetizers and other dishes to serve alongside. Create your own aromatic feast, worthy of any Moroccan kitchen.

Book Information

Hardcover: 144 pages

Publisher: Ryland Peters & Small (October 10, 2013)

Language: English

ISBN-10: 1849754322

ISBN-13: 978-1849754323

Product Dimensions: 7.5 x 9.2 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (24 customer reviews)

Best Sellers Rank: #361,485 in Books (See Top 100 in Books) #48 in [Books > Cookbooks, Food & Wine > Regional & International > African](#) #113 in [Books > Cookbooks, Food & Wine > Regional & International > Middle Eastern](#) #568 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#)

Customer Reviews

Ghillie Basan, author of several cookbooks on Turkish and Middle Eastern cuisine including *Classic Turkish Cooking* and *Tagines & Couscous: Delicious Recipes for Moroccan One-pot Cooking*, offers up a vegetarian (mostly vegan) Moroccan feast in "Vegetarian Tagines & Couscous." Although at first glance this would appear to be a slim volume (65 recipes total), "Vegetarian Tagines & Couscous" is a wonderful all-in-one source for Moroccan pantry staples, light mezze and appetizers, creative ways to make the most of seasonal vegetables and produce, and wonderful couscous and fruit salads that are welcome any time of year. The ingredients and instructions are clearly laid out,

and most ingredients should be readily available at your local supermarket. Most of the recipes can be easily made vegan by swapping out agave for honey, using olive oil in place of butter, or by omitting the cheese and eggs (there are relatively few recipes that call for either). Beginning with essential recipes such as preserved lemons, smen, harissa, chermoula, and ras el hanout, the book offers a diverse selection of light appetizers including cracked green olives and cardamom and harissa, crudité's with red chilli dukkah dip, filo fingers stuffed with feta, olives, and preserved lemon, smoked aubergine and yogurt dip with harissa, and strained yogurt and cucumber dip with rose petals.

[Download to continue reading...](#)

Vegetarian Tagines & Cous Cous: 60 delicious recipes for Moroccan one-pot cooking CROCK POT: Over 1825 Crock Pot Dump Meals and Dump Dinner Recipes (Crock Pot, Dump Meals, Dump Dinners, Freezer Meals, Crock Pot Cookbook, Crock Pot Recipes, Crock Pot Chicken Recipes) Tagines and Couscous: Delicious recipes for Moroccan one-pot cooking Tagines & Couscous: Delicious recipes for Moroccan one-pot cooking Crock Pot: Crock Pot Cooking Book: Crock Pot Lover (Crock Pot, Slow Cooking Recipes with Easy Crock Pot Dump Meals and Dump Dinners for slow cooker) (Slow cooker recipes Book 1) Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget(Crockpot,Slowcooker,Cast Iron) (Vegetarian,Vegetarian Cookbook,Vegetarian ... low carb,Vegetarian low fat) Vegetarian: Vegetarian Diet For Beginners: 100 Delicious Recipes And 8 Weeks Of Diet Plans (Vegetarian Diet, Vegetarian Diet For Beginners, Vegetarian ... Cookbook, Vegan, Clean Eating, Raw Diet) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Recipes Free) 2250 Pressure Cooker, Crock Pot, Instant Pot and Slow Cooking Recipes Cookbook: (Crock-Pot Meals, Instant Pot Cookbook, Slow Cooker, Pressure Cooker Recipes, Slow Cooking, Paleo, Vegan, Healthy) Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) CROCK POT: 450 Easy Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Crockpot This Winter: 50+ Super Easy One Pot Slow Cooker Recipes Cookbook - Ultimate

Crock-Pot Meals, Soup Stew Slow Cooking, Best Crock Pot Cookbook, ... Cooker Recipes, Vegetarian Vegan, Paleo, The Tagine Dream: Classical and Contemporary Tagines from Morocco, Tunisia, and Algeria (Tagine Recipes, Tagine Cookbook, Algerian Recipes, Moroccan Recipes, Tunisian Recipes Book 1) Crock Pot Recipes: Crock Pot Recipes For Supreme Healthy Eating: 100 Simple Crock Pot Recipes to Work the Heck Out of Your Crock Pot Crock Pot Recipes - The Ultimate 500 CrockPot Recipes Cookbook (Crock-Pot Meals, Crock Pot Cookbook, Slow Cooker, Slow Cooker Recipes, Slow Cooking, Slow ... Meals, Paleo, Vegan): Bonus 200 Recipes Cooking with Harissa: Delicious Recipes with a Spicy North African Style (Harissa Cookbook, Harissa Recipes, North African Recipes, Tunisian Recipes, Algerian Recipes, Moroccan Recipes Book 1) Vegetarian: 4-Week Vegetarian Nutrition Cookbook for Everyday Lifestyle - 39 Quick & Easy Vegetarian Meal Plans for Beginners (Healthy Low Carb Vegetarian Recipes for Diet and Lifestyle) Slow Cooking - Top 500 Slow Cooking Recipes Cookbook (Slow Cooker, Slow Cooker Recipes, Slow Cooking, Meals, Slow Cooker Chicken Recipes, Crock Pot, Instant Pot, Pressure Cooker, Vegan, Paleo)

[Dmca](#)